



CHILD NEPAL (CN)

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Asia Regional Programme Start-Up Workshop With Civil Society Coalitions Bangkok,

Plan Asia Regional Programme start-up workshop with Civil Society Organisations (CSOs) was held in Bangkok, Thailand from 20-21 June 2011. The main objective of the workshop was to get acquainted with the Regional Programme and establish networking and working



relations among the civil society coalitions from the participating countries. The specific objectives of the programme were to present and share the Regional Programme goals and supporting activities; to increase knowledge of the child rights based civil society coalitions across Asia as a starting point for networking and to explore and agree way forward and work plan for the current yea. The workshop brought together twenty-four participants representing Plan Country Offices (COs) and representatives of civil society coalitions of the five core programme countries (Cambodia, Nepal, Pakistan, Timor-Leste and Vietnam) and the other three countries (Bangladesh, Philippines and Sri Lanka - with Plan Thailand apologies) which expressed their interest to participate in the Regional Programme. Representative from Nepal were Child Nepal's chairperson Mr. Krishna Subedi, CZOP's coordinator Mr.Subendraman Shrestha. as well. Participants mentioned that the workshop was productive and confirmed their commitment to sharing the outcomes of the workshop with the coalition members in the respective countries.

Representation from Nepal presented the status of alternative reporting on UNCRC and its optional protocols. In addition, they focused in the existing challenges on it and anticipated the measures to mitigate from the consortia. They shared their experiences during the preparation of alternative reports and also inquisitively heard the experiences of participating country representatives.

Organized the child centered teacher training for teachers

CN organized the child centered teacher training under its EVMCN program at Melamchi in Sindhu-palchok on date 7th Feb to 11th Feb 2011. The participants were from 12 school and CMEC. The total no of participant were 23 in the workshop, among them 17 male and 6 female. The training was very fruitful. Trainers are from Ratobangla (Safala Rajbhandari) and RP (Bhim Karki) from District Education office Sindhu-palchok. The participant became qualified after training. We can experience their altering voice after training in their daily reporting during the training. The CMEC is requesting to organized child centered teacher training for all schools teacher in VDC level. They are agreeing to contribute their own site for training. This is positive response of the training.

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Neighbors Quarrel Children Suffer

My college classes had ceased and I was free in the morning time. Meanwhile, one of my neighbors requested for coaching her small daughter in studies. "My morning time will be utilized and I too will have some earning". I happily agreed her proposal.

It was only a couple of days I had started coaching her. "Good Morning Sir, May I come in?" She was a small kid in front of my door carrying a big bag. "Hello little girl, please come in." I had arranged a table and a small chair for her studies. Then we had a short sharing. She was studying in standard four in the nearby school. Her favorite subject was Mathematics and her nearest friend was Tsering. I was impressed with her angelic beauty and her words like the chirping birds. I too got a company for my morning time. The first day we studied Nepali and English on the second day.

Third day morning, the violent morning; I woke up early and was waiting for her. She arrived and took her seat. Meanwhile, the house owner with her big belly came down stairs in her hoarse words- "Who is that girl? Who is that girl coming in my house?" I replied with patience "She is my student". The house owner became more violent "I just want that girl out of my house". I enquired, "What's the problem? Why?" Then the house owner shared me about the quarrel with the neighbor whose daughter I'm coaching and I was unknown about it. My ears could rarely hold the violent words in the

peaceful morning time. She started scolding the neighbor from top to toe and went upstairs. The little girl was listening all the things.

The little girl's charming face had become pale and sad. She was mentally and psychologically disturbed. I tried to balance the environment but all in vain. She had no more learning quest which she possessed past two days. She even didn't speak properly and just wrote some numbers in her copy. I tried to create a romantic environment making her laugh but it had also no effect on her. She was just trying to look her mother from the window of my room. She was feeling lonely and longing for protection.

Again the same hoarse voice- "still you are coaching that girl, take her out of my house" My mind became in the state of blackout. Her eyes were watering. Slowly I took her hand in my palm and took in her house. I was getting aggressive but I patiently talked to my house owner. "Why do you portray your conflict in front of children? You can solve having the dialogue with the neighbor. Why do you make children to suffer with your conflict?" The house owner stared at me and said "children also need to suffer with their parent's deed." Bullshit! Bullshit! "I am leaving your rented room right now"

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Involvement: Child Nepal (CN)

HATH MA HATH BAL CLUB (CN)

At 15th July on the auspicious occasion of Gurupurnima, Child Nepal's **HATH MA HATH BAL CLUB** organized a program along with social worker trainees including different activities like singing, drama, telling jokes. The club members also admire all the staffs of Child Nepal as their Mentor. Around 20 children with 7 trainees participated in the program. Welcome speech was given by CN's Chairperson Mr. Krishna Subedi. Welcome song was a pleasant one followed by refreshing jokes and drama.

At the end of the program, cake cutting was done and was shared with the participants of the program. Token of Love was shared among the mentors by the children.

Extracurricular activities are the medium through which children can explore and enhance their inner capabilities and skills.

ECDC Material Distribution

Child Nepal (CN) distributed ECD materials and kitchen materials at five schools of Sindhupalchok district under its EVMCN program on November 2011. The classes had been run from December 2011 to May 2011 for six months. The schools who benefited from it were Joyti Bhanjayan L S S, Duwachaur, Chandika L S S, Baruwa, Janahit Primary School, Banskarka Raithane S S, Thankpalkot and Thankpaldhap H S S, Thankpaldhap. After the support, there is an increment of children enrollment in ECD centers. Children's attendance in the center has become regular since they enjoy play materials and tiffin from the support. The program has also support one ECD facilitator for all five centers.



OSP facilitators training

Child Nepal organized one day orientation training for OSP facilitators of Sindhupalchok at Melamchi Bazar on 2nd Feb 2011. There were four participants from OSP centers of four VDCs. The training was facilitated by CN ECD expert Mr. Ratna Upreti and Mr. Thakur Prasad Khakurel principle from Nawa Jagriti Lower Sec. School. During the training, issues on enrolment of dropout students in OSP class, counseling techniques, role and responsible of the OSP facilitators and role of the parents enrolls their children in the school were discussed.

In the support of CN, OSP classes had been run at 4 VDCs in Schools. The OSP classes run from March 2011 to May 2011 for three months. The classes are run after OSP orientation training. The classes are run by Dipesh Syngbo, at Dhanjala Primary School, Baruwa-4, Bolgaun Devnath Giri, at Bhumishwary Primary School, Thanpaldhap-5, Tar, Ganesh Shah, at Bhimvidhayashram S School, Banskarka-4, Newargaun, Laxmi Prasad Rajbanshi, at Balsudhar Secondry School, Duwachaur-4, Sipa. Dropout student are joining in the OSP class. After counseling few dropout students are back to school for study. Further, the program has supported books and stationery materials.

OSP Class running



Prepared the strategy planning of 8 public Schools

CN organized the strategy planning workshop organized in Melamchi at Sindhupalchok on date 25th Jan to 26th Jan 2011. The participant are from 8 public schools of five VDCs. Main objective of this workshop was to prepared the strategy plan of 8 public Schools and make them capable to prepare and planning of their school.

Laboratory material Support

Child Nepal (CN) distributed Laboratory material at two higher secondary schools of Sindhupalchok district under its EVMCN program on April 8th & 17th respectively. The supported schools are Terse Secondary School Duwachour & Thanpaldhap Higher Secondary School, Thanpaldhap VDC. The main objective of support is to promote public schools as a science schools. The children will be benefited, they get easily access to use lab.

Organized intensive teacher training

Child Nepal organized intensive child friendly teaching learning training conducted from 22nd April to 28th April 2011 in Melamchi, Sindhupalchok supported by EVMCN. This project is initiated in collaboration with Rural Reconstruction Nepal and European Union. The main purpose for running this training is to provide the child friendly and quality education to the Vulnerable and Marginalized children in Sindhupalchok. Altogether 29 participants from schools had participated in the program among which 21 are male 8 are female. Mr. Durga oli and Ms. Sabina Khanal had facilitated the training.



Organized community led total sanitation training (CLTS)

Child Nepal (CN) organized community led total sanitation training for the 25 schools teachers from 6th May to 8th May, 2011 at Melamchi in Sindhupalchok District. The teachers were actively participated in the training. The overall training was conducted for three days. Basically, the health teachers of the concerned were the targeted group of the training. The participants were 21 public school teachers among them 4 were female and 17 male. The trainer was Mr. Gynendra Prasad Ghorashaini from District Health Office Melamchi and Sunil Hakaju Shrestha.

Scholarship program

Child Nepal had organized scholarship distribution program on 2011 April from 8th to 17th under its EVMCN program. Scholarship had provided for 375 students among which 167 are girls and 208 are boys. In total, Dalit are 45 Janajati are 254 and others are 76. of five VDCs namely Thanpalkot, Thanpaldhap, Baruwa, Banskarka and Duwachour. The package of scholarship program includes school bag, school dress, copy, ball pen, pencil, eraser, pencil cutter and instrument box.

CLC Material handover at five CLC

Child Nepal (CN) organized material handover program to Community Learning Center at five VDCs of Sindhupalchok from 8th April 2011 to 17th April 2011 under its EVMCN program. CN chairperson Mr. Krishna Subedi & the manger of the EVMCN program Mr. Bhanu Parajuli are among them to hand-over the materials. During the hand over program, different types of material are hand over to community learning centers like; 3 branded Computers, one printer, library support books and furniture The objective of CLC support is to acts as a function as the venue for education and training activities for community information and resource services for empowerment of the resource poor and promoting community development.



Child Nepal had organized Computer hand

Computer supported with child friendly software

over program of 3 branded Computers for each school for three public schools of Sindhupalchok district; Terse Secondary School Duwachour, Chilaune secondary school Thanpalkot and Golmeswary secondary School Thanpaldhap under its EVMCN program on April 8th, 15th & 17th respectively: This kind of activity aims to promote quality education through the creation of learning facilities and consequently resulting in minimization of the existing gap between the quality of rural and urban school education in information technology.

Exposure visit

Child Nepal organized exposure visit on date 22nd Feb 2011 to 24th Feb 2011. Participants are from Schools, CMECs, SMCs, PTAs and Child Clubs members and local authorities. The objective of the event was to give them opportunity to see and learn a working model, teaching methodology, transparency, child friendly teaching methodology and management. During the visit time total participants were 30 among them 26 male and 6 female. The purposed place was **Koldung Devi secondary school Pakhar** Sindhupalchok, **Deurali primary School** Thumpakhar Sindhupalchok, **Janauddhar primary School** Kavereplanchok, **Saraswati primary school** Khawa Sindhupalanchok and **Nawajagriti lower secondary school** Ramhiti Kathmandu. The visit was very fruitful. All participants were very happy with this visit. After visit they have committed to improve their school.

Chess as a fundamental part of school curriculum

-Aseem Kalee Banskata

"Chess is the game that doesn't harm you but the chess-playing experimental group showed a significant advancement in spatial, numerical and administrative-directional abilities, along with verbal aptitudes".

Facts :

Chess is part of the curricula in nearly 30 countries. In Venezuela, Iceland, Russia and other countries, chess is a subject in all public schools. Dr. Hans Klaus, Dean of the School of Philosophy at Humboldt University in Berlin, commented upon the chess studies completed in Germany: "Chess helps any human being to elaborate exact methods of thinking. It would be particularly useful to start playing chess from the early school days. Everybody prefers to learn something while playing rather than to learn it formally; it produces in our children an improvement in their school achievements. Those children who received systematic instructions in chess improved their school efficiency in different subjects, in contrast with those who did not receive that kind of instruction."

Because of the overwhelming research demonstrating the benefits of chess and because of the brain research theorizing the growth of dendrites, chess should be integrated into the school curriculum at the primary level.

Chess is a new way of solving the old problem of poor education. From the streets of Harlem to Venezuela's public schools the sport of kings has been implemented as an effective tool for teaching students to utilize their higher order thinking skills and to strive to overcome personal problems to reach their full potential.

In light of these facts it is not unreasonable to imagine chess as a broader part of schools in Nepal. Chess could very well be one of the missing components for schools in Nepal to take its place at the top for educating its young people.

WHY SHOULD YOU PLAY CHESS? WHAT ARE THE BENEFITS?

Chess is a game for people of all ages.

Chess develops memory.

Chess improves concentration.

Chess develops logical thinking.

Chess promotes imagination and creativity.

Chess teaches independence.

Chess develops the capability

Chess inspires self-motivation.

Chess shows that success rewards hard work.

Chess and Science. Chess develops the scientific way of thinking. While playing, you generate numerous variations in your mind. You explore new ideas, try to predict their outcomes and interpret surprising revelations. You decide on a hypothesis, and then you make your move and test it.

Chess and Technology. What do chess players do during the game? Just like computers they engage in a search for the better move in a limited amount of time. What are you doing right now?

Chess and Mathematics. You don't have to be a genius to figure this one out. Chess involves an infinite number of calculations, anything from counting the number of attackers and defenders in the event of a simple exchange to calculating lengthy continuations. And you use your head to calculate, not some little machine.

Chess and Research. In life, is it important to know how to find, organize and use boundless amounts of information.

Chess and Art. .

Chess and Psychology. Chess is a test of patience, nerves, will power and concentration. It enhances your ability to interact with other people. It tests your sportsmanship in a competitive environment.

Chess improves schoolwork and grades.

Chess opens up the world for you. Chess is a universal language and you can communicate with anyone over the checkered plain.

Chess enables you to meet many interesting people. You will make life-long friendships with people you meet through chess.

Chess is cheap.

CHESS IS FUN!



To summarize everything in three little words: Chess teaches Everything!

Organized Poem Competition

CN had organized the poem competition with collaboration of Dorjelakpa youth club on date 27th Feb 2011 on topic SHANTI RA BIKASH KO LAGI HAMRO SANSKRITI.. The purpose of the organizing this type of program is to increase and share the message of peace among children /youths and community, besides encouraging the latency knowledge of participants and community people. Poem competition was organized in Balsudhar secondary school Duwadhour. Participants were from four secondary schools.8 participant participated in poem competition among them 4 male and 4 female. First Prize winner is from **Terse Secondary School**, Duwachaur. The competition was supported by EVMCN project.

Organized Volley Ball Competition

Child Nepal under EVMCN supported 2 days volleyball competition BIKASH KO LAGI YOUBA PARICHALAN organized by local Dorjelakpa youth club in Balsudhar secondary school Duwachaur on date 26th & 27th Feb 2011. The participants were from 5 Schools and one youth club. 42 players were participant in the volleyball competition. Participants were from community and school. Dorje Lakpa youth club is a community based youth club of Duwachaur VDC. Members of club are very active and intelligent had shown a sample of coordination. Volley ball competition is based on knockout basis. First Prize winner was **Jalbaidevi Secondary School**, Duwachaur. Schools and community are very positive for the program; their coordination is very helpful and good.



सफलताकते कथा

- रत्न उप्रेती (ECD Expert, CN)

शुक्र लक्ष्मी श्रेष्ठ जुगलबालविकाशकेन्द्रको सहजकर्ता हुन । उनी यो बाल विकास केन्द्र खुल्दा भर्खर विवाहित मात्र थिइन आफ्नो केटा केटी जन्मेका थिएनन् । उनी यस केन्द्रको सहजकर्ता पनि छनौट भई **ECD** सहजकर्ता तालिम लिएर याहाँ पढाउन थालिन अहिले उनिले पढाउन थालेको पनि ४ चार वर्ष भई सक्यो । उनिलाई हामिले यस ठाउँमा जुगल बालविकास केन्द्र खुलिसके पछि र आफू सहजकर्ता हुँदाको अनुभव बारे सोधेका थियौं । यसबारेमा उनी आफ्नो अनुभव यसरी बताउँछिन “ म यहि गाउँ अथवा अझ यस केन्द्र नजिकैको घरमा जन्मी हुर्केकी महिला हुँ । म यस समाजमा जसरी हुर्के बढेँ विद्यालयमा पनि पढेँ हामिले भोगेको अवस्था र विद्यमान हाम्रो समाजको पूर्व बालविकासको अवस्था अहिले हामिले तालिमबाट पाएका शिक्षा अनुसार बिलकूलै फरक रहेछ । हाम्रो समाजका बाल बालिकाहरु घर देखिनै बालमैत्री वातावरणमा हुर्कन पाएको हुँदा घरदेखि नै बालमैत्री बोलि भाषा तथा स्वच्छ वातावरणमा हुर्कन पाउँदैनन् विद्यालयमा पनि पूर्वबालविकास कक्षाहरु प्राय थिएनन् अब विस्तारै खुल्न थालेका छन । यस जुगलबालविकास केन्द्र खुली सके पछि पूर्वबालविकास के रहेछ भन्ने कुरा समाजका अविभावकहरुले विस्तारै बुझ्न थालेका छन । मैले यस केन्द्र खुलेर म आफू सहजकर्ता भै सकेपछिको ममा आएको परिवर्तनले आफू हकि एको समय भन्दा मैले जन्माएको मेरा बालबालिकाहरु लाई मेरो गर्भ देखि नै ध्यान पुऱ्याउदै जन्मी सके पछि पूर्ण पूर्व बाल विकास वातावरणमा हुर्काउन जाने साथै समाजको बालबालिकाहरुलाई पनि त्यहि वातावरणमा हुर्काउने शिक्षा दिनु मेरो दाइत्व सम्भकेको छु । यो नै म मा आएको परि वर्तन हो ” ।

SZOP National Framework Declaration by Government

Child Nepal (CN) as the chairperson of CZOPP took a vital initiation in preparing the final draft of School as Zones of Peace (SZOP) guidelines. A workshop was organized at Nagarkot where representatives from Education Ministry, INGO and NGO participated to prepare the final guideline of SZOP National Framework. The representatives provided their inputs and feedback to finalize the draft SZOP National Framework. Mr. Rajkumar Dhungana and Mr. Tarak Dhital facilitated overall workshop sessions and amended the national framework. Mr. Mahashram Sharma, Joint Secretary of Education Ministry appreciated and provided his valuable inputs while finalizing the framework. Mr. Krishna Subedi, chairperson of CZOPP, thanked all the participants for their wonderful and insightful inputs during the workshop.

As an outcome, Government declared "School as Zones of Peace" and passed the national framework from cabinet. Now, it's recognized as a government and national document. It's worthy and matter of immense pride that the declaration was done during the chairpersonship of Child Nepal. Further, a memento was gifted to Education Ministry in an occasion organized in the Ministry after the SZOP national framework declaration by Government.

Please send us feedback at ejhulka@childnepal.org